

# **Powys PSB Annual Report 2018/19**

## **Steps 11 and 12: Script for video**

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*Notes: The videos need to give an update on the work that has been done over the past year to meet the well-being objectives set out in the plan.*

*The videos will each be about 3 minutes long.*

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### **1. Introduction**

Steps 11 and 12 of the Powys Public Service Board Well-being Plan are to:

- Implement more effective structures and processes that enable a multiagency community focused response to wellbeing, early help and support.
- Develop all our organisations' capacity to improve emotional health and well-being within all our communities.

Because the actions in these steps align very closely to the aims and aspirations of a major project for North Powys called the North Powys Wellbeing Programme, the decision was made in 2018/19 to include Steps 11 and 12 within this programme. This has allowed all partners to focus their energies in one area, bring together the work of Powys Public Service Board and Powys Regional Partnership Board, and to properly recognise the aims of the Wellbeing of Future Generations Act.

### **2. Work done in the past year**

Among a number of different aims, the North Powys Wellbeing Programme aims to:

- Improve the emotional health and wellbeing of citizens through co-production; designing a new model of care with citizens from the ground up, sharing their insights and experiences of what health and care means to them today and what people would like to see more of in the future.
- Providing a focus on wellbeing to keep citizens healthy and able to participate fully in their neighbourhood and community.
- Tackle the Big Four causes of ill health and poor wellbeing (mental health, respiratory conditions, circulatory diseases and cancer) through increasing the focus on early prevention and maximising the services available locally.

Some of the key actions from the North Powys Wellbeing Programme in the last year include:

- The vision for a multi-agency wellbeing campus has been agreed.
- Programme management has been established, resources have been allocated and governance arrangements are in place.

- A preferred site for the multi-agency wellbeing campus has been agreed in principle in the centre of Newtown – this will accommodate health, social care, education, supported living and will have key links with leisure services.
- A transformation bid to Welsh Government has been approved to support the first phase of the programme.

### **3. Demonstrating the 5-ways of working**

As well as delivering two important wellbeing objectives in the Powys Wellbeing Plan, the North Powys Wellbeing Programme also demonstrates how the five ways of working set out in the Wellbeing of Future Generations Act are being implemented.

- The aims and objectives are **long term**, delivering sustainable change for future generations in North Powys.
- We will be working in **collaboration** across partner organisations, and communities to help co-design and deliver new ways of working.
- We are demonstrating **involvement** through consultation and engagement with our staff and with citizens.
- **Prevention**, alongside early help and support is core to the new models of care, whilst **integration** across public bodies is a central goal of the programme.

### **4. Conclusion**

There is a new vision for improving emotional health and wellbeing taking shape in North Powys. Public Service Board partners are committed to improving the health, wellbeing, experience and outcomes for the citizens of North Powys through the co-design and delivery of a new integrated model. This will focus on wellbeing, early help and support, and the big four diseases. It is intended that this work will serve as a model for how we create the capacity to improve the emotional health and wellbeing of communities throughout Powys in the years to come.

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